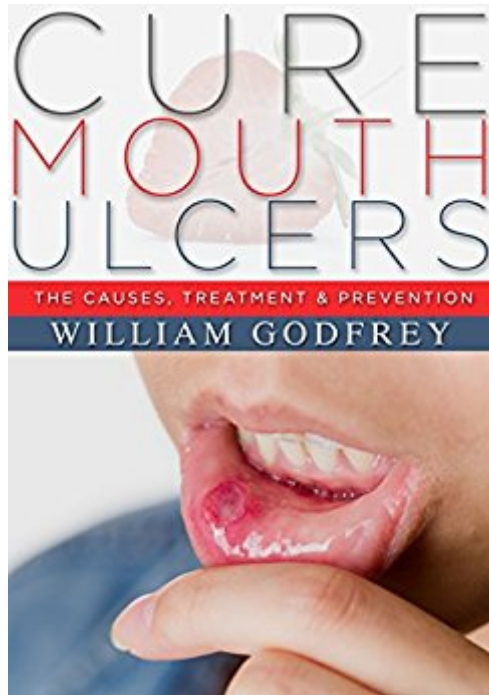




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# Cure Mouth Ulcers: The Causes, Treatment & Prevention



## Synopsis

Can't talk, can't eat, can't live due to mouth ulcer pain? Have you ever wondered what causes mouth ulcers and how you can cure them quickly and prevent their reoccurrence? During 12 months of constant suffering I did, until finally I found the answers I was looking for. My name is William Godfrey and I would love to help you overcome mouth ulcers just as I have. As a lifetime sufferer of mouth ulcers, I would get them at random intervals and with no explanation. Some of them would be debilitatingly huge and painful and in some cases would last over two weeks. I remember one ulcer at the back of my mouth that even prevented me from swallowing food for several days - until my hunger became more of an issue than the ulcer pain! Other ulcers caused me to shy away from social interaction not only due to the general pain, but also speech impediments and tiredness. I would never wish the pain they have caused me upon anyone! Unfortunately, many still suffer as I once did. But then it all changed. Within a week of tweaking my lifestyle my ulcers cleared up and I had zero reoccurrences. That's why I wrote this book, so that others would not have to suffer my fate to date. As a consequence of the lifestyle changes I made, my life instantly improved. I now have the confidence to interact with others without distracting, debilitating pain. My stress levels also dropped as I no longer cursed my bad fortune for being so susceptible to sores!

**Introducing Cure Mouth Ulcers: The Causes, Treatment and Prevention**

- A step by step guide to curing mouth ulcers
- Scientific explanation of what mouth ulcers are and how they caused for a deeper understanding
- In depth guide to treating and preventing mouth ulcers and why it works
- Analyses of over the counter treatments, prescriptions and home remedies and how they work
- A section with other useful resources and additional reading
- Refer to a list of potential triggers
- All scientifically backed up by references throughout

## Book Information

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## Customer Reviews

This book is quite useful for people who get mouth ulcers. It talks about possible causes, and how to do things to prevent them, such as taking care regarding food that might irritate the mouth. There is no one cause for this problem, it could be anything from serious medical problems to eating super salty foods. It's best to be seen by a doctor and a dentist before making any decisions about treatment and care.

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